



Dear Parents and Caregivers,

PMP help for Term 2:

Our Year 1 classes will take part in the Perceptual Motor Programme (PMP) in Term 2. This is a very intensive programme that can only be run effectively with the help of parents. We would like to start this programme at the start of week 2 (7th May) but cannot do this without your help.

What is PMP?

The programme entails students taking part in twice weekly sessions of coordination and movement activities which aim to strengthen the connections in the brain and create learning pathways.

How does it work?

Students rotate around a number of activity stations in small groups. Each station is supervised by a teacher or parent helpers. Instruction cards are provided and the activities are all easy to supervise.

How can I help?

We need a number of parents who are able to commit to assisting with the running of PMP on a regular basis. This will involve helping in one or more of the PMP sessions. PMP will be set up in room 23 so there is no set up time needed before/after each session except on a Wednesday and Friday afternoon when equipment needs to be changed.

Where can I find out more?

For more information about PMP visit: <http://movingsmart.biz/home/parents/> For more information about PMP at Silverdale School please contact Lynn Scott [lynnscott@silverdaleprimary.school.nz](mailto:lynnscott@silverdaleprimary.school.nz)

I'm in sign me up!!

Please complete the form opposite and return it to your classroom teacher AS SOON AS POSSIBLE ☺

Thank you.



YES! I would like to help with PMP. Please circle on the timetable below which block and day/s you can help.

We also require parents to assist with the changing of equipment on Wednesday and Friday afternoon. This can be done at 2.30 just before hometime.

	Monday	Tuesday	Wednesday	Thursday	Friday
9.10 - 9.45	No PMP	Room 5	No PMP		Room 35
9.45 - 10.20	No PMP	Room 35			Room 7
10.20 - 10.55	Room 36	Room 38			Room 5
11.30 - 12.00					Room 38
12.00 - 12.30					Room 36
	Lunch				
1.55 - 2.25					Assembly
2.25 - 3.00		Room 7	Pack up and change of equipment		Pack up and change of equipment

Name: \_\_\_\_\_ Contact number: \_\_\_\_\_

Child's name: \_\_\_\_\_ Room number: \_\_\_\_\_

Email Address: \_\_\_\_\_