



Dear Parents and Caregivers,

Team Te Ohanga and Team Kiwi (All Year 1/2 children) will be taking part in the Perceptual Motor Programme (PMP) this year. This is a very intensive programme that can only be run effectively with the help of parents. We would like to start this programme by week 4 (27th February) but cannot do this without your help.

What is PMP?

The programme entails students taking part in twice weekly sessions of co-ordination and movement activities which aim to strengthen the connections in the brain and create learning pathways.

How does it work?

Students rotate around a number of stations in small groups. Each station is supervised by a teacher and parent helpers. Instruction cards are provided and the activities are all easy to supervise.

How can I help?

We need a number of parents who are able to commit to assisting with the running of PMP on a regular basis. This will involve helping in one or more of the PMP sessions. PMP is already set up in room 21 so there is no set up time needed before/after each session except on a Wednesday and Friday afternoon.

Where can I find out more?

For more information about PMP visit: <http://movingsmart.biz/home/parents/>

For more information about PMP at Silverdale School please contact Lynn Scott
lynnscott@silverdaleprimary.school.nz

I'm in sign me up!

Please complete the form opposite and return it to your classroom teacher AS SOON AS POSSIBLE

©

Thank you.



YES! I would like to help with PMP. Please circle on the timetable below which block and day/s you can help.

We would like parents to stay for a whole block to assist with several classes to keep the sessions consistent and make the transition between classes quicker. Please note there will be no PMP during the shaded times.

We also require parents to assist with the changing of equipment on Wednesday and Friday afternoon. This can be done at 2.30 just before hometime.

Block 1	Monday	Tuesday	Wednesday	Thursday	Friday
9 - 9.30	Room 5	Room 17		Room 9	Room 5
9.30 - 10	Room 7	Room 15		Room 15	Room 7
10 - 10.30	Rm 36	Room 19		Room 17	Rm 37
Block 2	Morning Tea				
11 - 11.30	Rm 35				Rm 36
11.30 - 12	Rm 37	Room 9		Room 19	Rm 38
12 - 12.30	Rm 38	Room 11		Room 11	Rm 35
	Lunch				
2.30 - 3			Pack up and change of equipment		Pack up and change of equipment

Name: _____ Contact number: _____

Child's name: _____ Room number: _____

Email Address: _____